

SAN MATEO COMMUNITY COLLEGE DISTRICT  
PERSONAL COUNSELING

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**AUTHORIZATION TO RELEASE INFORMATION**

Select One:

- Skyline College       Cañada College       College of San Mateo

The confidentiality of this record is required under California General Statutes. This material shall not be transmitted to anyone without consent or authorization as provided in the statutes.

I, \_\_\_\_\_ hereby authorize  
(client)

\_\_\_\_\_ to **release and exchange**  
information between

(Name) \_\_\_\_\_ and function (chooses one)

- Trainee:** Marriage and Family Therapist trainee, Clinical Counselor trainee,  
 **Associate:** Associate Marriage and Family Therapist (AMFT), Associate Clinical Social Worker (ASW), Associate Professional Clinical Counselor (APCC)  
 **Licensed:** Licensed Marriage and Family Therapist (LMFT), Licensed Clinical Social Worker (LCSW), Licensed Professional Clinical Counselor (LPCC)

and \_\_\_\_\_  
(contact name and function)

This information will be used for the specific purpose of counseling treatment. Specify type of information to be released:

Any/All		Treatment Plan		Prognosis	
Diagnosis		Dates of Treatment		Client Records	
Summary of Treatment		Other			

I understand that the records and information to be released may contain information pertaining to psychiatric, drug and/or alcohol treatment and may contain confidential HIV/AIDS related information. \_\_\_\_\_  
(client signature)

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This authorization will expire on \_\_\_/\_\_\_/\_\_\_\_\_ (1 year from the date of signature). I also understand that this authorization may be revoked by me, in writing, at any time, except to the extent that action has already been taken and that I have the right to receive a copy of this authorization.

\_\_\_\_\_  
(printed name of client)

\_\_\_\_\_  
(date of birth)

\_\_\_\_\_  
(signature of client)

\_\_\_\_\_  
(date)