



A Message from President Kim Lopez

Weekly Update: 8-30-24

Dear Cañada Colleagues,

Mental Health and Wellness Support for Students

This past year, faculty, staff and students have requested additional mental health and wellness resources and activities for students. In response to this growing need, the College has added two additional quiet/meditative spaces for student, staff and faculty members:

- Next month, the College will open a Meditation & Prayer Room – details will be shared with the campus community soon!
- The Reparative Room (photo below) in the Cultural Center is located in Building 17, Room 109. The space is designed for healing activities and as a quiet area for students to meet, do school work and relax.

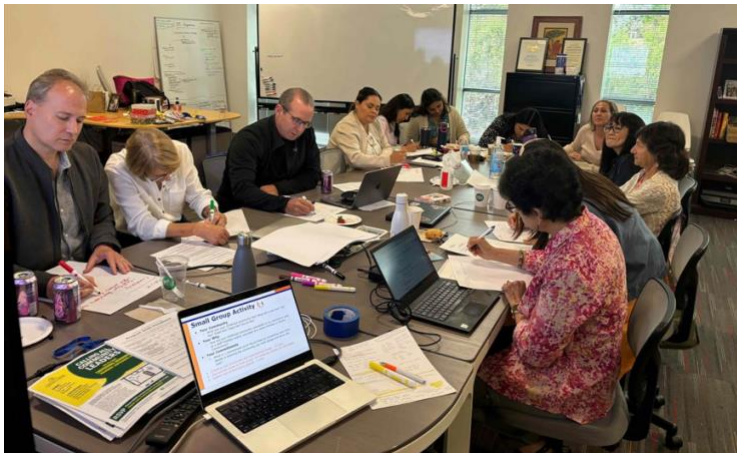
In addition to the new spaces, the College is exploring the possibility of an outdoor meditation/quiet area for students and the campus community.

Cañada College continues to offer free mental health services through our Personal Counseling Center (PCC), including 24/7 support via our [Cañada Talk Now program](#). This service provides on-demand and scheduled mental health support from licensed therapists and supervised trainees. Additionally, our Disability Resource Center (DRC) provides students with disabilities, including mental health-related disabilities, accommodations, counseling and support in accordance with State and Federal laws. Students can contact both the PCC and DRC by phone, email or visit Building 5, Room 303. Also, in response to student and employee feedback, Cañada is planning to hire a second Personal Counselor this semester to join the College in Spring 2025. A second Personal Counselor will provide additional resources to support students.



Office of Equity DEI Training

This August brought many opportunities for DEI training and facilitation. Faculty Equity Coordinator, Kiran Malavade and Director of Equity, Dr. Michiko Kealoha, facilitated a DEI onboarding for new faculty at their orientation. Dr. Kealoha also facilitated a five-hour DEI training for East Palo Alto's nonprofit Family Connections in an effort for our college to better assist nonprofits with a similar mission.



EAPC Retreat

This summer, the Equity and Anti-racism Planning Council (EAPC) held its annual retreat where they discussed connections to the community, challenging anti-Blackness and their prioritizations for Educational Master Plan goals. The following day the Council had an in-service with Parks and Recreation and helped to care for and mulch a local park that serves many of our families in Redwood City.



International Youth Day

The Outreach team, Cultural Center team and Cañada retention team recently joined the PAL Center, Redwood City Mayor and the community to honor local youth for International Youth Day.



Rhythm Collective Drumming Workshop

The Rhythm Collective Drumming Workshop kicked off yesterday in the Cultural Center. Professor Michael Hoffman led the session where he explained the functions of different instruments and offered practice tips for melody.



Honors Transfer Program Fall Kickoff

Also yesterday, the Honors Transfer Program held its Fall 2024 kickoff, where the program and its processes were discussed. Continuing honors students shared their research and experiences with the program. The event was well attended and marked a strong start to the semester.



Professor Naas to Serve on Arts Commission

Over the summer break, Digital Art & Animation Professor Paul Naas was appointed to the Redwood City Arts Commission for a term of four years. As a member of the Arts Commission, Professor Naas will work with fellow commissioners and local artists to review, approve and fund public art in and around Redwood City. "I'm thrilled to be helping guide the creation and maintenance of public art in Redwood City, and especially looking forward to showcasing the work of artists from underrepresented communities," said Professor Naas after being sworn in.



Important Reminders from Cañada's Marketing Department

As we start the new semester, Cañada's Marketing Department has important reminders for the campus community:

- Campus print services are centralized through [Skyline Graphic Arts & Production \(SKYGAP\)](#). Please place print orders using this [form](#).
- Review and update your division/department/program website content as we transition from summer to fall. Submit a [Marketing Request](#) (clicking 'Web' under Service Requested) and a member of the Marketing team can assist.
- Submit your in-person and virtual events into our [event calendar](#) as early as possible so we can help share it with the campus community this fall semester. All events for the [What's Happening at Cañada event blast](#) are sourced from the college calendar – please submit your events to be considered for the email blast.
- Submit project and/or assistance requests through the [Marketing Assistance Request form](#). Categories for requests include graphic design, web, communication, marketing assistance, event support, training and material proof and approval.
- The College offers a centralized link to order newly-designed business cards. You can order business cards [here](#).

Labor Day

In observance of Labor Day, Cañada College offices and classes will be closed Saturday, August 31 through Monday, September 2, 2024. Campus offices and classes will resume operations on Tuesday, September 3, 2024.

I hope you all have a restful and enjoyable holiday weekend.

Sincerely,
Kim